

Walking Your Way to the Games

Chelmsford

We've teamed up with the Essex Legacy Team at Essex County Council to bring you yet another chance at **"Walking your Way to the Games"**. Existing walks on our Heart and Sole programme have been nominated a colour; you will receive an Essex Legacy pin badge in the colour of the walks you attend.

The challenge is on - can you collect all 5 badges?

For more information please contact Chelmsford's Heart and Sole Coordinator:

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Red Walk: (shortest walk) **Hylands Park**

Distance: 1.0 mile

Date: Sunday 24 July 2011

Time: 2:30pm

Meeting point: Outside the entrance to Hylands House, in the park



Green Walk: **Galleywood**

Distance: 1.0 mile

Date: Saturday 6 August 2011

Time: 12:00pm

Meeting point: Outside the front of the Horse and Groom public house



Yellow Walk: **Great Baddow**

Distance: 1.2 miles

Date: Tuesday 12 July 2011

Time: 12:00pm

Meeting point: In the car park of Great Baddow Millennium Centre



Blue Walk: **Boleyn Gardens**

Distance: 1.5 miles

Date: Friday 26 August 2011

Time: 10:30am

Meeting point: Outside the Sports Pavilion at the end of Burnell Gate



Black Walk: (longest Walk) **Writtle**

Distance: 1.5 miles

Date: Tuesday 28 June 2011

Time: 12:00pm

Meeting point: By Writtle Garden Tea Rooms, off Lordship Road

